

Islip, NY – Islip Town Supervisor Phil Nolan is proud to announce that the Youth & Family Counseling Program, along with Brentwood Y.D.C., will begin offering an interactive workshop series for parents to explore the various challenges of adolescent parenting.

The first series, beginning October 1, 2010, will continue for five consecutive Fridays (10/1, 10/8, 10/15, 10/22 & 10/29). The workshop will be held at the Caesar Trunzo Senior Center, 16 Second Avenue in Brentwood.

This FREE program provides parents with valuable information and the opportunity to improve the skills necessary for consistent and effective parenting approaches, which will help them to raise responsible, cooperative children. Various relevant topics will be explored throughout the workshop, including risk-taking, manipulative behavior, adolescent friendships, alcohol & drug use, texting & computer use, talking about sexual behavior, how to argue “effectively,” and other issues.

Parents who are experiencing problems involving communication, school-related issues, peer/socialization problems or any other conflicts with their adolescent child, as well as parents who simply want to improve their parenting and coping skills, are invited to register.

For further information call the Youth & Family Counseling Program/Brentwood Y.D.C. at (631)231-4333 (ask for Elaine).